



# Atrial Septum Fat Deposition and Atrial Anatomy Assessed by Cardiac Magnetic Resonance: Relationship to Atrial Electrophysiology

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POSTER PRESENTATION

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# Atrial septum fat deposition and atrial anatomy assessed by cardiac magnetic resonance: relationship to atrial electrophysiology

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## Summary

To assess the prevalence of fat deposition in the atrial septum with and its relationship with 12-lead electrocardiogram (ECG) atrial parameters (PR interval, P wave duration) and the presence of atrial fibrillation.

## Background

Recent advances in cardiac magnetic resonance (CMR) allow the assessment of even small amounts of fat in the interatrial septum. Its presence has been associated with obesity and supraventricular arrhythmias<sup>1,2</sup>.

## Methods

44 consecutive patients with normal left ventricular ejection fraction (LVEF > 35%), age < 70 years old, were enrolled in a research study exploring the underlying myocardial substrate of ECG findings.

The presence of interatrial fat was assessed with a complete CMR study including Dark-blood DIR-prepared Fat-Water-separated sequence<sup>3</sup> in the horizontal longitudinal axis (4 chamber view). The left, right atria areas and the area of fat in the interatrial septum were measured.

All participants underwent a 12-lead ECG recording at rest as well as a clinical interview on the same day as the CMR. The P wave duration, PR interval and the atrial fibrillation (AF) status were recorded.

## Results

The mean age of this population was 59 ± 9 years old and 34 (77%) were male, with a mean BMI of 29.2 ± 4.5 kg/

m<sup>2</sup>. 6 (14%) patients were in AF upon enrollment and 7 (16%) had a history of paroxysmal AF.

The mean left atrium area was of 22.5 ± 6.9 cm<sup>2</sup> and the mean right atrial area of 21.6 ± 7.7 cm<sup>2</sup>. Interatrial fat was present in 15 (66%) of the patients. There was no significant difference in the prevalence of interatrial fat between AF and sinus rhythm patients (p = 0.96). There was a non-significant trend towards a smaller fat area in AF patients compared to sinus rhythm (SR) patients (0.13 ± 0.15 cm<sup>2</sup> versus 0.45 ± 0.7 cm<sup>2</sup>; p = 0.3). The right and left atria were significantly enlarged in AF patients compared to SR patients (p = 0.0015 and p < 0.0001 respectively).

In SR patients, PR interval and P wave duration were positively and significantly associated with right atrial area (r = 0.55; p < 0.0001 and r = 0.52; p = 0.001, respectively), but showed no significant correlation with the left atrial area (r = 0.27; p = 0.10 and r = 0.26; p = 0.11, respectively).

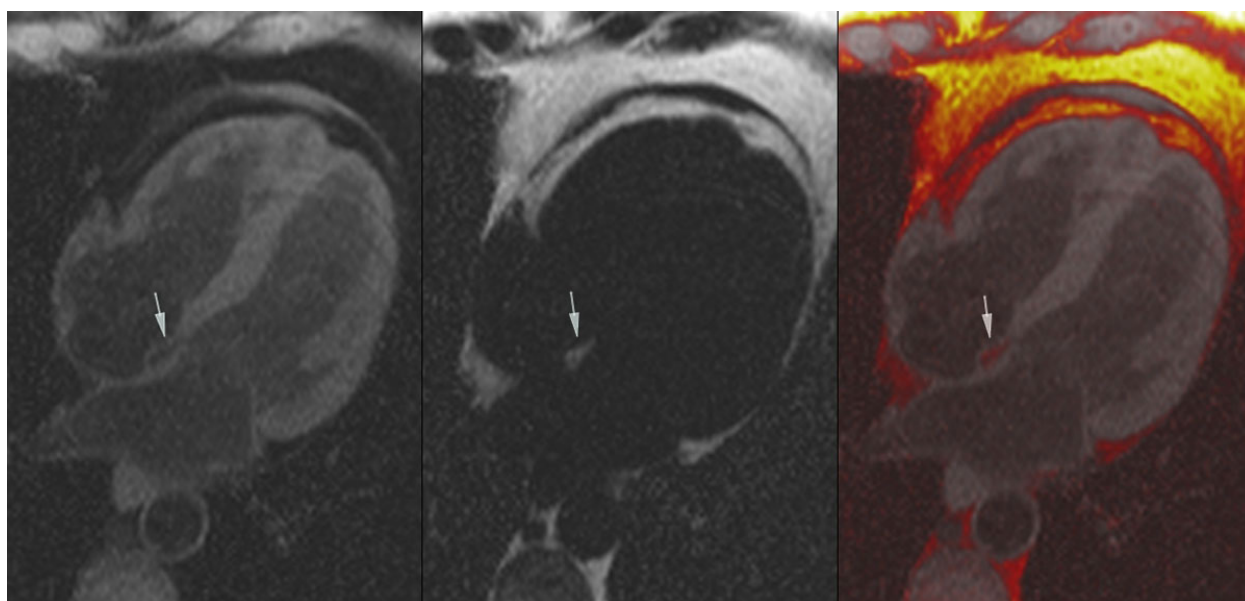
## Conclusions

The presence of interatrial fat deposition is a common finding in a normal LVEF population and does not appear to be associated with the AF status. RA but not LA area is associated with increase in P wave and PR durations. Further studies in larger group of patients are warranted to further assess the electrophysiologic significance of interatrial fat deposition.

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**Figure 1** a) Water Imaging, fat deposit in the atrial septum suppressed (arrow) b) Fat Imaging, fat deposit in the atrial septum (arrow) c) Fused water-fat imaging, fat deposit in the atrial septum shown in red

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